2017
Saintsations
Audition Packet
Thank you for your interest in auditioning for the Saintsations, the official cheerleading team for the NFL’s New Orleans Saints! The Saintsations are one of the premier dance teams in the NFL. Incorporating high-energy routines with professionalism, this elite group has earned the reputation of being one of the most versatile and entertaining squads in the league. Their annual New Orleans Saintsations Swimsuit Calendar, the “behind-the-scenes” calendar show and Sports Illustrated photo shoot have catapulted the team into regional celebrities.

In addition to performing at NFL Saints home football games, the Saintsations have traveled to Korea, Japan, Iraq and Afghanistan to visit our troops, and to Mexico City, China and London to promote the NFL. They have appeared on the Steve Harvey Show, the Doctors, Flip my Food, ESPN Sportsnation, Fox Sports, the Travel Channel, the NFL Network, Celebrity Beach Bowl, the Dr. Phil show, Comic Relief Live Television Show and on National television commercials. They have also appeared in Sports Illustrated, Maxim magazine, FHM magazine, competed in the nationally televised NFL Cheerleading championship, appeared in events surrounding the NFL Super Bowl and competed against other NFL cheerleading teams at the Super Bowl Beach challenge. Additionally, the team supports community projects through the “Saintsations Inspiration Program.” The primary focus of the 2017 program is to promote positive initiatives geared toward women and children.

In conjunction with our sponsor, Royal Sonesta Hotel, the Saintsations are proud to annually support the Royal Sonesta Spirit Award which provides a $1,500.00 college scholarship award to a high school senior. In essence, this highly recognized and respected group of women serves as goodwill ambassadors for the NFL and the New Orleans Saints organization. Team members perform at many exciting events and make numerous personal appearances including modeling and public speaking throughout the world.

We are looking for dedicated young women who are physically fit, talented in dance/cheer, and are able to present themselves in a professional manner. Because the Saintsations are influential role models to the youth in our communities, we will select women that are committed to leading a healthy, productive lifestyle. Join us as we embark on an exhilarating season with the New Orleans Saints and the New Orleans Saintsations! The Saintsations will have a busy and exciting year! We look forward to seeing you at the preliminary auditions, and GOOD LUCK!
The New Orleans Saints are proud to announce auditions for the 2017-18 New Orleans Saints Cheerleading Team, the Saintsations, will be held on Saturday, April 8th.

The Saintsations are comprised of two separate teams. According to team director Lesslee Fitzmorris, “Each team plays a vital role in our mission to provide the “best” cheerleading team that represents not only the Saints and but our community throughout the world. The popularity of the Saintsations, both locally and internationally, has made it necessary to expand the team to accommodate our growing fan base.” Applicants may audition for one or both teams.

**Appearance Performing Team:**

The focus of the Saintsations Appearance Team will be community outreach, game day appearances, stadium performances and media relations.

Applicants should be able to possess public speaking skills and dance technique. Benefits of membership on this team include extensive community relations and marketing experience, media training and a shorter rehearsal schedule.

**Field Performing Team:**

The focus will be community appearances and on field performances.

Applicants should be able to posses extensive dance technique. Benefits of membership on this team include extensive dance training, community relations and a regimented rehearsal schedule.

Both teams will make community appearances on behalf of the New Orleans Saints. Both teams will be featured in the Saintsations “Making of the Calendar” Televised Show, featured in the team swimsuit calendar, team poster and internet.

The following Audition Packet information outlines the qualifications and auditions procedures for each team.
New Orleans Saintsations
General Audition Information

WHAT: Audition Workshop #1 (Optional)
WHEN: Sunday, April 2, 2017 (2:00-4:00pm)
WHERE: Tari’s School of Dance
         9166 Perkins Road
         Baton Rouge, LA

AND/OR

WHAT: Audition Workshop #2 (Optional)
WHEN: Wednesday, April 5, 2017 (7:30-9:30pm)
WHERE: Franco’s Athletic Club
        100 Bon Temps Roule, off of Hwy 22,
        Mandeville, LA

AND/OR

WHAT: Preliminary Auditions (Performing Audition)
WHEN: Saturday, April 8th, 2017 9:00am-til
WHERE: New Orleans Saints Practice Facility
        5800 Airline Highway, Metairie, LA

WHAT: Semi Final Auditions (Interview) 6:30pm
WHEN: Sunday, April 9, 2017 6:30-10:00pm
WHERE: Franco’s Athletic Club, Mandeville, LA

WHAT: Final Audition, 6:30-9:45
WHEN: Monday, April 10, 2017 6:30-10:00pm
WHERE: New Orleans Saints Practice Facility
        5800 Airline Highway, Metairie, LA

REQUIREMENTS:

• Candidates must be at 18 years of age on or by the date of preliminary auditions.
• Proof of age is required (please bring certified copy of birth certificate OR a Driver’s license).
• Membership on the Saintsations team is for one (1) year. No preference is given to returning
  members. All returning Saintsations must re-audition annually.
• Please complete the Application Form, the Medical Release Form, and the Consent Form
  and bring with you to auditions or at the audition workshop.
• Rehearsals will be held on Tuesday and Thursday during the first three weeks of May.
  Rehearsals beginning in the last week of July and August will be on Tuesday and Thursdays.
  During the fall, there will be rehearsals Thursday before a home game and Four Sunday
  workshops. Additional rehearsals may be required during the fall. The appearance team
  has less rehearsals during the year.
• There will be a first meeting and rehearsal on Tuesday, April 11th (note that this the same day
  that the 2017-18 Saintsations team will be announced.)
• The calendar shoot and retreat is optional and scheduled between May 29th-June 1st.
• N.F.L. cheerleaders do not attend away games, but are expected to perform at all home
  games at the Mercedes Benz Superdome as well as any additional home pre-season or
  playoff games. Should the Saints play in the Super Bowl, the squad may make the trip. Travel
  out of New Orleans and appearances for corporate and charitable organizations are cast
  based on individual availability. All members of the Saintsations Team will need to provide
  their own transportation to all rehearsals and performances.
AUDITION PROCESS DESCRIPTION:

ALL STEPS OF THE AUDITION PROCESS ARE CLOSED

There are five steps to the audition process for membership on the New Orleans Saintsations Team.

**STEP 1 - Registration**

Applicants must first complete the audition registration packet which consists of the following forms: Registration, waiver and consent forms. You may register online or download the packet at [www.neworleanssaints.com](http://www.neworleanssaints.com) or [www.saintsations.net](http://www.saintsations.net). If you download the packet, please email the completed version to saintsations2@gmail.com or mail it to PO BOX 1062 Mandeville, LA 70470. We suggest pre-registering. Be sure to check off if you are auditioning for the Appearance Team, Field Team or both. If you audition for both, then the judges will determine which team you will be best suited for membership.

**STEP 2 - Audition Workshops**

Sunday, April 2nd (2:00-4:00pm) AND/OR Wednesday, April 5th (7:30-9:30)

There are two audition workshops scheduled. The same material will be taught at both locations. You may choose the date or location that is most convenient, you may go to both, or you may elect to skip the workshop entirely. The purpose of the optional workshop is to better prepare each participant for the audition process. Please note that attendance at this workshop is included in your registration process. Attendance at this workshop is optional and is not required. Participation in this workshop will have no effect on your selection to the team. However, a great deal of information will be shared as well as an improved understanding of what it takes to make the squad and what to look forward to if you do. You must be 18 years of age by the date of the workshop to attend. Please wear comfortable dance clothes with sneakers/dance shoes because you will also be learning a routine similar to that of the tryout routine.

**STEP 3 - Preliminaries**

Saturday, April 8th 9:00 am-till
New Orleans Practice Facility, 5800 Airline Highway, Metairie, LA

There are three parts to preliminaries.

**First**, applicants will be required to complete the registration process, which includes registration paperwork, photograph, introduction, and personal information (height, weight, and measurements). There is a $75.00 audition fee. This includes participation in one or both workshops. You may register online or in person at either workshop or at this first day of auditions. (Saturday, April 8th)
Second, applicants will be evaluated on dance technique including kicks, leaps, and turns. There will be 30 seconds of free dance as well. A brief dance routine will be taught and performed in small groups before the judges. Applicants should come prepared to introduce themselves to the judges. Judges may require additional dance requirements.

Eliminations will be made throughout the day. At the end of the day, those advancing to the semi-finals will be posted. Semi-finalists will need to submit a brief home video giving us a background on you and why you want to join the team!

**PRELIMINARY ATTIRE:** Performers must wear a black solid two-piece ensemble (trunks or shorts only, no skirts or pants), flesh colored tights and dance shoes (jazz, character, ballet, etc.) Carmel’s Dance Wear in Metairie is the official dance wear store of the Saintsations and is familiar with proper audition attire.

Only participants and audition staff will be allowed in the facility during the preliminary audition process.

**STEP 4-Semi-Final Auditions**

Semi-Final Auditions: Sunday, April 9th, 6:30pm
Franco’s Athletic Club, 100 Bon Temps Roule, Mandeville, Louisiana

The semi-final auditions will be the interview portion of the audition process. Professional interviews will be conducted with each participant in 15 minutes intervals. Business leaders from throughout the greater New Orleans region will conduct the interviews. Following the interviews, a test covering the NFL will be administered to each participant. Eliminations will be made after the semi-finals.

**SEMI-FINAL ATTIRE:** Professional/Business

**STEP 5-Final Audition**

Monday, April 10th, 6:30pm-9:45pm
New Orleans Saints Practice Facility, 5800 Airline Drive, Metairie, Louisiana

Participants will perform the audition routine in smaller groups before the judges. A black two-piece ensemble (trunks or hot shorts only, no skirts or pants), flesh colored tights and dance shoes should be worn. An audition top will be provided. Technical skills will be evaluated along with overall dance performance and speaking skills.

The 2017 New Orleans Saints Saintsations Team Roster will be posted online at [www.neworleanssaints.com](http://www.neworleanssaints.com) on April 11th!
Thank you for your interest in auditioning for the 2017 New Orleans Saintsations Squad!

The New Orleans Saintsations will host optional audition workshops in two locations. The same material will be taught at both workshops. You may attend either (or both) workshop(s). Your registration fee of $75.00 covers the cost of participation in the clinics.

**Workshop #1**
Tari’s School of Dance
9166 Perkins Road,
Baton Rouge, LA
Sunday, April 2nd
2:00pm – 4:00pm

**Workshop #2**
Franco’s Athletic Club
100 Bon Temps Roule
Mandeville, LA
Wednesday, April 5th
7:30pm-9:30pm

The purpose of this workshop is to help participants become better prepared for the audition process. Please note that attendance at this clinic is included in your registration fee. Attendance is not required to audition and does not guarantee a position on the squad. However, a great deal of information will be shared as well as an in-depth understanding of what it takes to make the squad and what to look forward to as a member of the Saintsations!

This workshop is open to registered participants only. Guests will not be permitted inside the event facility. Upon your arrival, you will be required to sign a waiver prior to your participation in the workshop. After a brief registration process, a group warm-up will be conducted. Next, you will be taught dance combinations, which will be taught at a slightly slower pace than at try-outs. These combinations will be different from the routines you will learn at preliminary auditions; however, they will familiarize you with the style and level of dance ability that is expected of squad members.

The next segment of the program will be a detailed discussion regarding the agenda for the audition days, judging criteria, proper attire, (what colors and cuts look best for the dance audition, resume and photo requirements, and most importantly, some tips on how to have an outstanding interview.

You will also be informed on what to expect should you be selected for the 2017 squad including information on rehearsals, personal appearances, photo shoots, game days, etc. The discussion will end with a question and answer segment. For the workshop, you should wear dance attire and sneakers/dance shoes. Be sure to bring plenty to drink and a snack. Additionally, it is also important to bring a notebook and pen to take notes during the discussion segment. The most important material you’ll take home with you will be practical and valuable information on the audition process.
Frequently asked questions

Is there an age limit?
You must be 18 by the audition date. You must present a valid Driver’s License.

How do I register?
You register by visiting our website at www.neworleanssaints.com or www.Saintsations.net and filling out the online registration form. You will also need a letter of recommendation, headshot, and one page describing why you want to be part of the New Orleans Saintsations. You may register and pay the registration fee online or you may bring the forms and cash with you to either audition workshop or on audition day, Saturday, April 8th. NO CHECKS accepted.

What do the judges look for at auditions?
We are looking for dedicated young women who are physically fit, talented in dance / cheer, lead a healthy, productive lifestyle, and are able to present themselves in a professional manner. You will be judged on professional presentation, dance ability, fitness, and interview skills.

Does my headshot need to be professionally taken?
The headshot is simply used to identify you at auditions. It will not be returned, so a recent snapshot will be fine. It is not necessary to have a professional photo taken.

How should I fix my hair and makeup?
Judges will see you close up at auditions. Hair and make-up should be “performance” ready. You should wear more makeup than on a normal day, but not too heavy. Hair can be worn in any style, as long as it doesn’t interfere with your performances.

Are there any height or weight requirements?
We do not have specific height or weight requirements. However, you must be physically fit. Being a Saintsation requires a high level of athleticism.

What can I do to prepare for auditions?
Beginning now, you should brush up on dance and technique skills. Being physically fit is part of being a Saintsation; you should maintain a healthy lifestyle. We suggest working out with a trainer and enroll in a dance studio to understand terminology and required skills. The Audition Workshops are a great way to fully understand the audition process. You will learn requirements for being a member, opportunities that come along with the team, as well as part of the audition routine. Technical skills that may be incorporated into other choreography will also be reviewed.
Frequently asked questions

**What should I bring to auditions?**
You should bring your completed application, headshot, resume’, and essay, along with the registration fee. Your attire should flatter your figure and meet our guidelines. If you previously submitted information, you can substitute items at this time. You must wear a two-piece black outfit (brief or hot short bottoms). You may bring snacks and drinks since you will be at Preliminary auditions for a majority of the day. Tan jazz shoes should be worn. (You will NOT allowed to perform barefoot) Personal items such as curling irons and make-up are also suggested.

**Are auditions open to the public?**
No. Every segment of auditions is closed to outside guests.

**When and where do the Saintsations rehearse?**
Practices begin immediately after tryouts conclude. The team practices from 7-9 pm on Tuesdays and Thursdays during the months of May, August-December the team rehearses the Thursday night before a home game and at 4 Sunday clinics. Additional rehearsals on Tuesday or Thursday may be called. Field rehearsals on game days begin as early as 8 am. Rehearsals rotate at locations in Mandeville, Baton Rouge, Metairie and New Orleans. The Appearance Team will have a more limited rehearsal schedule.

**Does the team travel to away football games?**
Saintsations do not travel with the Saints to regular season or playoff away games. There are other travel opportunities during the year that may be mandatory.

**Do I need to bring a prepared routine to auditions?**
No, you do NOT need to prepare a routine for auditions. You will be taught the routines as part of the audition process.
2017 MEMBER APPLICATION

Please Select One or Both: ___ Appearance/Stadium Team ___ Field Performing Team ___ Both

DATE ___________________________________________  *PLEASE UPLOAD TWO PHOTOS
HEAD SHOT AND FULL LENGTH SHOT

NAME_____________________________________________  DRIVERS LICENSE NUMBER

SOCIAL SECURITY NUMBER________________________AGE_________BIRTHDATE____________

ADDRESS________________________________________________________________________

CITY ______________________________________ STATE_________ZIP________________________

HM. PHONE (_____ ) ___________________ WK. PHONE (_____ ) ___________________

CELL PHONE (_____ )_____________E-MAIL ADDRESS_______________________________

DO YOU OWN A CAR OR HAVE TRANSPORTATION?  YES  NO

REHEARSALS ARE ON TUESDAYS AND THURSDAYS as well as weekend clinics
IS THIS A PROBLEM?  YES  NO  If Yes, Why?

DANCE/CHEER/GYMNASTICS EXPERIENCE (Please list all previous and current experience including
choreography, positions held on past squads, etc.) Attach separate sheet if
necessary. ___________________________________________________________________________

SPECIAL TALENTS, i.e. sing, play musical instrument, etc.
_________________________________________________________________________________

HAVE YOU BEEN A MEMBER OF ANOTHER PROFESSIONAL CHEERLEADING TEAM? IF YES, WHICH ONE?

Will you attend one of the audition clinics? _____

If so, please indicate which one: _______ Baton Rouge (Sunday, April 2nd 2:00-4:00)
_________ Mandeville (Wednesday, April 5th 7:30-9:30)

HIGH SCHOOL ATTENDED________________________________________  DIPLOMA?________

HIGH SCHOOL DANCE TEAM? YES ___ NO ___  HIGH SCHOOL CHEERLEADING TEAM? YES ___ NO ___

OTHER:________________________________________________________________________

DATES PARTICIPATED:___________________________________________________________

DIRECTOR/COACH NAME: ___________________ PHONE NUMBER: ____________________

LIST HIGH SCHOOL HONORS, CLUBS ACTIVITIES (attach separate sheet if necessary)________________

________________________________________________________________________________

________________________________________________________________________________

COLLEGE OR UNIVERSITY ATTENDED/ATTENDING: __________________________________________________________________

COURSE OF STUDY __________________________________________________________________________

IF DEGREE RECEIVED, PLEASE LIST DEGREE _________________________________
WERE YOU A MEMBER OF:
COLLEGE DANCE TEAM? YES____ NO____
COLLEGE CHEERLEADING TEAM? YES____ NO____
OTHER: ___________________________________________________________________________

DATES PARTICIPATED: __________________________________________________________________
DIRECTOR/COACH NAME: ___________________________ PHONE NUMBER: ______________________
LIST COLLEGE HONORS, CLUBS, ACTIVITIES (attach separate sheet if necessary) ______________________

LIST PREVIOUS AND CURRENT WORK EXPERIENCE:

EMPLOYER POSITION HELD DATES EMPLOYED REASON FOR LEAVING

LIST THREE REFERENCES AND THEIR PHONE NUMBERS. THESE REFERENCES WILL BE CONTACTED. NO family/friends. Business/Teacher/Professionals only please.
(Please include any former or current Saintsations):
1.
2.
3.

PLEASE INCLUDE AT LEAST ONE LETTER OF RECOMMENDATION

I, ________________________________, AUTHORIZE ST. ALL-STAR, LLC. TO CONDUCT A BACKGROUND SEARCH TO VERIFY THAT THE ABOVE INFORMATION IS CORRECT.

(Signature of Applicant) __________________________________________________________________

(Date) ______________________________________________________________________________

*ATTACH PAGE EXPLAINING WHY YOU WANT TO BE A MEMBER*
2017 SAINTSATIONS DANCE TEAM AUDITION
RELEASE OF LIABILITY, WAIVER, COVENANT NOT TO SUE AND
CONSENT TO RECEIVE ROUTINE AND EMERGENCY MEDICAL
TREATMENT

FUNCTION Saintsation 2017 Auditions
DATE ____________________________

This form must be completed by each participant and returned to St. All-Star, LLC before the applicant may attend or participate in the above captioned program/function. This form may be released to any third party in order that the applicant receives medical care in the event of illness or injury. This form must be completed in full and the consent form must be signed below. Please Print or Type.

NAME_____________________________________________
DATE OF BIRTH__________________________
ADDRESS ____________________
SOCIAL SECURITY NO. ______________________
CITY_____________________STATE_____________ZIP___
PARENT/GUARDIAN/SPOUSE NAME

PARENT/GUARDIAN/SPOUSE HOME PHONE (___)_______ CELL(____)____________
FAMILY PHYSICIAN NAME____________________ OFFICE PHONE_________________________
ADDRESS___________________________________EMERGENCY PHONE________________
CITY_______________________STATE____ZIP___________HOSPITAL_________________________

1. Date of last Tetanus Immunization or booster shot_____________________
2. Name of any medical condition for which participant is being treated at the present time______________________________
3. List all medications he or she is currently taking_______________________
4. List all medications participant is allergic to___________________________
5. List any restrictions of physical activity that apply to participant___________
6. Please detail any other medical information that you feel is important for the safety of participant________________________________________________

In consideration of St. All-Star, LLC (AS) the New Orleans Louisiana Saints, and the National Football League (NFL) allowing persons to participate in the above captioned activity, participant consents to and/or agrees to the following:

1. I do hereby, for my child, myself and any or either of our heirs, administrators, executors, guardians, representatives, next of kin, forever WAIVE, RELEASE, DISCHARGE AND COVENANT NOT TO SUE St. All-Star, LLC, the New Orleans Louisiana Saints, Tari’s School of Dance, Franco’s Athletic Club, Royal Sonesta Hotel and the National Football League and/or their respective representatives, officers, directors, employees, agents, successors, assigns,

FORM CONTINUED ON NEXT PAGE
medical personnel and invitees (Releases) for any and all damage and any claim therefore on account of injury to
the person or property or resulting in death, whether caused by the negligence of Releases or others, while I am in
any way engaged in or associated with activities and events organized or sponsored by St. All-Star, LLC or the NFL
or connected with the above captioned activity. I further agree to indemnify, defend, and hold harmless “Releases”
from damages arising from my participation or association with activities and events organized or sponsored by
Releases.

2. MEDICAL TREATMENT CONSENT: I attest and verify that I am free from all illnesses, injuries or defects and is
physically fit and sufficiently trained to participate in all activities associated with the program or event noted
above. My participation in activities and events organized or sponsored by St. All-Star, LLC or the NFL is voluntary. I
consent to administration of first aid and other medical treatment to myself in the event of injury or illness and
release and indemnify Releases from any and all liability or claims arising out of such treatment.

3. I hereby in perpetuity grant full permission to Releases, as described above, to use any photographs, videotapes,
motion pictures, recordings or any other record of activities of the above named program or event for any
legitimate purpose. All photographs, resumes or other submissions taken by or given to AS shall be property of AS.

4. I understand the Release and Consent form as detailed in the Audition Packet. I agree with its principles and
application. I fully support St. All-Star, LLC in the implementation of these policies and will reimburse AS for any
costs incurred by AS in implementing these policies on my behalf.

5. AS cannot and shall not be responsible and/or liable for cancellation or any failure to provide services in
connection therewith, if such failure is caused by Acts of God, including without limitation, the following: (i)
restrictions upon travel, food, beverages, or supplies; (ii) travel delays; (iii) labor problems; and/or (iv) any other
cause of whatever kind or nature which is beyond the control of St. All-Star, LLC. The undersigned specifically
agrees to hold harmless the Releases including AS for any liability resulting from actions taken or failed to be taken
by the undersigned before, during, or after the event.

I hereby state that I am authorized to make this decision. I agree to indemnify, defend and hold harmless Releases,
as described above, from any loss, liability, cost, claim or damages whatsoever that may be imposed upon said
Releases because of any defect or lack of such authority to take the actions described herein on behalf of the
undersigned participant. I have read and understand all of the above and voluntarily sign this document and
further agree that no oral representations, statements or inducement apart from the foregoing written agreement
have been made.

PARTICIPANT’S SIGNATURE________________________________________________________
DATE SIGNED_____________________

**BRING COMPLETED FORMS TO PRELIMINARY AUDITIONS**
SAINTSATION RELEASE AND CONSENT FORM

The undersigned, individually and on behalf of all parties acting on her behalf (together, the “Participant”), hereby releases, indemnifies and holds harmless St. All-Star, LLC, the New Orleans Louisiana Saints, the National Football League, Tari’s School of Dance, Royal Sonesta Hotel, Franco’s Athletic Club and the officers, directors, owners, partners, members, employees, agents and affiliates of any of the above-named entities or their affiliates, and the sponsors, promoters and all other persons or entities associated with the 2017 Saintsations Auditions to be held April 8, 2017 – April 10, 2017, and any subsequent audition for the 2017 squad, from and against any and all claims, liabilities, damages, demands, costs and expenses (including, without limitation, liability for personal injury, death, and property damages) which may be suffered or which may arise or which may be in any way connected with the New Orleans Saintsations auditions.

The Participant understands that the auditions involve a significant degree of physical activity. The Participant certifies that she is in good physical health and condition and is free from injury or disability which might impair her ability to participate without limitation in the dance auditions or as a Saintsations during the 2017 N.F.L. season.

The Participant certifies that she is at least eighteen years of age and that all information provided by the Participant on this audition form is true, correct and complete in all material respects. The Participant hereby authorizes St. All-Star, LLC to investigate and confirm with third parties the correctness of any information provided by the Participant.

The Participant hereby consents to the use of her likeness, name and voice by St. All-Star, LLC, the New Orleans Louisiana Saints and the Saintsations in connection with their informational, promotional and marketing activities, including, but not limited to, use in or on photographs, electronic video and web based data and audio recordings or on the Saintsations web site, without compensation to the Participant.

The Participant hereby confirms that she has read and has voluntarily signed this Release and Consent in consideration of the right to audition for the 2017 New Orleans Saintsations, and that she fully understands its provisions.

Participant’s Signature: ________________________________ Date: ________________

Witness’ Signature: ________________________________
Witness’ Name (printed): ________________________________

***PLEASE REGISTER ONLINE OR BRING COMPLETED FORMS TO WORKSHOP***